

## Cairn Medical Practice: A Training Practice in the Highlands

### “Promoting clinical excellence in the next generation”

At Cairn Medical Practice we facilitate the training of both medical students and fully qualified doctors. Here is some information about the learners you might meet.

Learner	Stage of training	Placement duration	Roles	Supervision
Medical Student (Aberdeen Uni)	Haven't yet qualified as a doctor	5 weeks	Gather experience within General Practice	Always supervised (direct and remote) by an experienced GP
ScotGem Student (St Andrew's and Dundee Uni)	Haven't yet qualified as a doctor	1 Year	Develop consultation and examination skills  Carry out projects	Always supervised (direct and remote) by an experienced GP
GPST 1 (General Practice specialist trainee, year 1)	A fully qualified doctor, now specialising in General Practice. In their first year of training.	6 months	Develop consultation and examination skills  Carry out projects  Improve knowledge and skills in common patient presentations	Always supervised (direct and remote) by an experienced GP
GPST 3 (General Practice specialist trainee, year 3)	A fully qualified doctor, now in their final year of training to become a GP.	1 year	Manage more complex patient presentations independently  Improve consultation and examination skills  Carry out projects, audits and reviews  Complete final professional exams	Supervision is based on clinical experience and stage of training.
GP retainer	Fully qualified GP (may have had a few years away from work)	Up to 3 years	Gain confidence, experience and satisfaction as a GP	Supervision is based on clinical experience and confidence.